



Academy

KSKA NATSU-GASSHUKU

Espinho, Portugal

8th to 10th May 2026

Under the instruction of KSKA Shihankai

Dirk Heene, 9th Dan (Belgium)

Jim Martin, 8th Dan (Scotland)

Michaylo Fedyk, 8th Dan (England)

Pascal Petrella, 7th Dan (Germany)

Juan-Pablo Delgado, 6th Dan (Spain)

Nico Ibscher, 6th Dan (Germany)

Host:

Kase Ha Shotokan Ryu Karate-Do Academy

Organisation:

KSKA Portugal - contact Sensei Filipe Sancho

Email: filipe.sancho@gmail.com - Phone: +351 912 114 091

Course Venue:

Name of the Dojo: Nave Polivalente de Espinho

Address: Rua da Nave, Lugar de Sales, 4500-497 Espinho

GPS: 40.999951, -8.623018 / 40°59'59.8"N 8°37'22.9"W

Training:

Friday
19:00 – 21:00hr

Saturday
10:00 – 11:30hr
11:45 – 13:15hr

Sunday
9:30 – 11:30hr

Grading:

Saturday

For Sandan and higher grades ONLY
From 14:00

Registration opens one hour before the start of the training.

KSKA Passport:

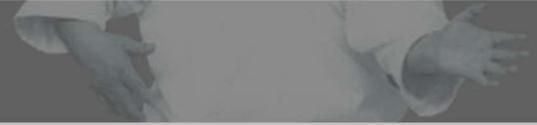
Please present your KSKA passport to the Secretary upon registration for signature of attendance.

Course Fee:

Non-KSKA Members: 60€ full course or 15€ per training
KSKA Members: No Charge

GDPR:

Please note that a group photograph will be taken during this course and could be published on the KSKA website and/or Newsletter. Should you wish not to participate due to privacy reasons that is your prerogative and you should withdraw whilst the photograph is being taken. Other than the above and so far as is reasonably practicable, the taking and publishing of video or photographs will be restricted, but the KSKA cannot not be held responsible for individual actions that fall outside of our control.

**General Assembly:**

Saturday 9th May 2026 at 17:00 hr, Exe Praia Golfe Hotel meeting room

Course-Dinner:

Saturday 9th May 2026 at 20:00 hr

The course dinner will be held at: **Restaurante O Golfinho**, Rua (street) 2, Nr. 663, in Espinho, GPS: 41.007656, -8.645837

Participants wishing to attend should notify Sensei Filipe Sancho before 30th April 2026. Friday evening before training you will be requested to chose the dish you prefer among a large variety.

The cost for the dinner is **€35 per person** and should be paid at the same time of registration at the Gasshuku.

- Menu:
- Typical Portuguese starters
 - Vegetable Soup
 - Main dish (to be chosen on the first day of the Gasshuku)
 - Drinks included (red or white home mature wine, red or white home green wine, beer, juices and water), different drinks can be asked, but need to be paid apart
 - Desert
 - Coffee

Transportation:

Recommended airport: Porto (Opo).

Please note that flights to Porto can be less expensive when booking early.

A pick up service is arranged for participants with collections from Porto airport travelling to Espinho (Exe Praia Golfe Hotel) on Thursday 7th and Friday 8th.

The same service will also be available departing from the hotel to the Sports Hall, starting 45 minutes before training, and returning, from Friday 8th until Sunday 10th.

For returns to Porto (Opo) airport the pick up service will be available leaving from Exe Praia Golfe Hotel on Sunday 9th and Monday 10th Oct.

To maximize the efficiency of the pick up service the organization will need to transport people in groups, so please send in your flight schedule just as soon as possible.

The cost for the pick up service is **25€ per person**.

Traveling from and return to Porto airport by train:

When not using the pick-up service or car rental the organisation advises train solution to travel from Porto airport to Espinho and return.

Participants in this case should look for the Metro station at Porto airport.

From there you should travel on the Purple line, E, to Campanhã station.

From Campanhã Railway station you should travel by train to Espinho.

The reverse trip is equally possible.

Trains run approximately every 40 minutes.

**Accommodation:****Choice of Hotels:**

Organization hotel:

Exe Praia Golfe Hotel

Rua (street) 6, PraiaGolfe building in Espinho,
GPS: 41.009738, -8.64510

Special prices per night are agreed with the hotel, breakfast and free access to the SPA are included. Please note, these prices can only be guaranteed for reservations made before the 3rd of April 2026, after this date the prices may vary depending on the demand:

Single Room City View - €89
Single Room Side Sea View - €99
Single Room Front Sea View - €109

Double Room City View - €99
Double Room Side Sea View - €109
Double Room Front Sea View - €119

Triple Room City View - €114
Triple Room Side Sea View - €124

Reservations must be made at the hotel website:

<https://www.eurostarshotels.co.uk/exe-praia-golfe.html>

Using the Promo Code "**NATSUGASSHUKU2026**".

Finding any difficulties in making your reservation, please contact with Sensei Filipe Sancho.

KSKA Note:

The course organiser and/or Kase Ha Shotokan Ryu Karate-Do Academy cannot be held responsible for any loss, damage or injury that may occur during the Gasshuku.

