



GRAMPIAN + NORTHERN KARATE ASSOCIATION

A COURSE WITH

SENSEI DIRK HEENE

9TH DAN KSKA

WHEN:

FRIDAY 21 NOV:

19.00 - 20.30

£15 for session

BROWN & BLACK BELTS - Grading Syllabus

SATURDAY 22 NOV:

10.30 - 12.00

12.30 - 13.45

14.00 - 15.00

£25 full day

SENIOR COURSE

GRADING EXAMS

SUNDAY 23 NOV:

10.30 - 11.45

12.00 - 13.45

£25 full day

KYU GRADES. ALL WELCOME / **£10 KYU GRADES**

SENIOR COURSE

WHERE:

FRI:

RGU SPORT/ ABERDEEN / **AB10 7GE**

SAT & SUN:

ELLON COMMUNITY CAMPUS / **AB41 8LF**

DIRK HEENE

- 9TH DAN
- PRESIDENT OF KSKA
- STUDENT OF THE LATE SENSEI TAJI KASE



INFO



KARATE
SCOTLAND



gnka-karate
@gnka-karate