

Traditional Autumn seminar with

# Sensei Velibor Dimitrijevic

7<sup>th</sup> dan Kase-Ha Shotokan-Ryu Karate-Do

September 9<sup>th</sup> – 11<sup>th</sup>, 2015 in Växjö, Sweden

*This is Sensei Velibor Dimitrijevic's 16<sup>th</sup> seminar in Växjö. You are invited to train with his unique style which is intensive and full of inspiration for further development. During Saturday afternoon all are invited to participate in a theory session with "fika" (Coffee break Swedish style) and in the evening to dinner on the country side in lovely Ör, just outside Växjö.*

## Schedule

- Friday 9/9**      **18:30** Dojo opens.  
Registration at the door.  
**19:00-20:30** Training all together
- Saturday 10/9**      **09:30** Dojo opens  
**10:00-11:30** Training all together  
**11:45-13:00** Training all together  
**13:15-14:30** Training (from 1<sup>st</sup>kyu)  
**15:00-16:00** Theory session  
**19:30** Dinner
- Sunday 11/9**      **08:30** Dojo opens  
**09:00-10:30** Training all together  
**10:30-12:00** Training all together



## Fees:

Weekend 700 SEK

Two days 600 SEK

One day 400 SEK

*Dinner 250 SEK (only pre-booking)*

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Karate-Do  
Shotokan Akademi  
Växjö

[www.vaxjokarate.com](http://www.vaxjokarate.com)

*For more information, please send a mail to: [vaxjokarate@hotmail.se](mailto:vaxjokarate@hotmail.se)*

## *Welcome to Växjö, Sweden*

## Dojo

Katedralskolan sporthall, Samuel Ödmans väg 1, Växjö

Fees: ~ Weekend 700 SEK ~ Two days 600 SEK ~ One day 400 SEK

*Dinner 250 SEK*

Please note that to participate at the dinner and "fika" requires pre-registration due to reservation of seats.

Please email participation at the latest on Sunday 2/9 to [vaxjokarate@hotmail.se](mailto:vaxjokarate@hotmail.se)

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### Accommodation:

Several hotels have walking distance to dojo, station and city centre. These two are popular hotels and easy to get to dojo:

Hotell Värend [www.hotellvarend.se](http://www.hotellvarend.se)

Elite Hotel [www.elite.se/sv/hotell/vaxjo/stadshotellet/](http://www.elite.se/sv/hotell/vaxjo/stadshotellet/) (recommended)

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### How to get to Växjö

Direct trains from Arlanda, Stockholm 3 hrs or Kastrup, Copenhagen 2hrs. The trains go every hour.

Ryan Air from Düsseldorf to Småland Airport, 50 minutes (10 km from Växjö).

Don't hesitate for asking about the trips and for picking up service when needed.

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➔ Please respect that during training photographs or filming must not take place. ⬅

*For more information or questions about the weekend, please send a mail to: [vaxjokarate@hotmail.se](mailto:vaxjokarate@hotmail.se)*

## ***Welcome to Växjö, Sweden***

*Picture from last seminar in Växjö with sensei Velibor, March 4-6, 2016.*

