

Welcome to the 15<sup>th</sup> seminar with

# Sensei Velibor Dimitrijevic

7<sup>th</sup> dan Kase-Ha Shotokan-Ryu Karate-Do

March 4<sup>th</sup> – 6<sup>th</sup>, 2016 in Växjö, Sweden

*This is Sensei Velibor Dimitrijevic's 15<sup>th</sup> seminar in Växjö. You are invited to train with his unique style which is intensive and full of inspiration for further development. During Saturday afternoon all are invited to participate in a theory session with "fika" (Coffee break Swedish style) and in the evening to dinner in the city.*

## Schedule

- Friday 4/3**      **18:30** Dojo opens. Registration at the door.  
                         **19:00-20:30** Training all together
- Saturday 5/3**    **09:30** Dojo opens  
                         **10:00-11:30** Training all together  
                         **11:45-13:00** Training all together  
                         **13:15-14:30** Black and Brown Belts (from 1<sup>st</sup>kyu)  
                         **15:00-16:00** Theory session  
                         **19:30** Dinner
- Sunday 6/3**      **08:30** Dojo opens  
                         **09:00-10:30** Training all together  
                         **10:30-12:00** Training all together

For more information, please send a mail to: [vaxjokarate@hotmail.se](mailto:vaxjokarate@hotmail.se)



**Dojo:** Katedralskolan sporthall, Samuel Ödmans väg 1, Växjö

## Fees:

Weekend 700 SEK

Two days 600 SEK

One day 400 SEK

*To participate at the dinner and "fika" requires pre-registration due to reservation of seats. Please email participation at the latest Sunday, 28<sup>th</sup> to [vaxjokarate@hotmail.se](mailto:vaxjokarate@hotmail.se)*

## Accommodation:

Several hotels have walking distance to  
dojo, station and city centre:

Hotell Varend: [www.hotellvarend.se](http://www.hotellvarend.se)

or Elite Hotel:

[www.elite.se/sv/hotell/vaxjo/stadshotellet/](http://www.elite.se/sv/hotell/vaxjo/stadshotellet/)

(recommended)



~ *Welcome to Växjö, Sweden* ~

