## Traditional Autumn seminar with

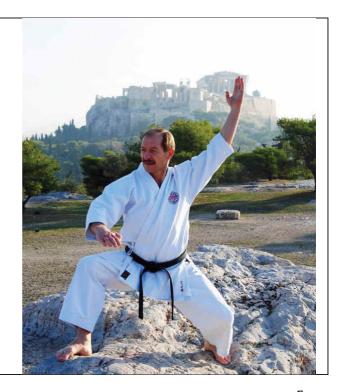
## Sensei Velibor Dimitrijevic

 $7^{th}$  dan Kase-Ha Shotokan-Ryu Karate-Do September  $18^{th} - 20^{th}$ , 2015 in Växjö, Sweden

This is Sensei Velibor Dimitrijevics 14<sup>th</sup> seminar in Växjö. You are invited to train with his unique style which is intensive and full of inspiration for further development.

During Saturday afternoon all are invited to participate in a theory session with "fika" (Coffee break Swedish style) and in the evening to dinner on the country side.

For more information, please send a mail to: vaxjokarate@hotmail.se



Dojo: Katedralskolan sporthall, Samuel Ödmans väg 1, Växjö

Fees:

Weekend 700 SEK Two days 600 SEK

One day 400 SEK

Dinner 250 SEK

Friday 18/9 18:30 Dojo opens. Registration at the door.

19:00-20:30 Training all together

Saturday 19/9 10:00 Dojo opens

10:30-12:00 Kyu-grades (8<sup>th</sup> -3<sup>rd</sup> kyu)

12:00-14:00 Black and brown belts (from 2<sup>nd</sup> kyu).

15:00-16:00 Theory session

19:30 Dinner

Sunday 20/9 08:30 Dojo opens

09:00-10:30 Training all together 10:30-12:00 Dangrades and 1st kyu

To participate in the dinner and "fika"

requires pre-registration due to

reservation of seats. Please email

participation at the latest Sunday, 13/9 to

vaxjokarate@hotmail.se

Accommodation: Several hotels have walking distance to dojo,

station and city centre:

Hotell Värend: www.hotellvarend.se or Elite Hotel: www.elite.se/sv/hotell/vaxjo/stadshotellet/ (recommended)

Welcome to Växjö!

