



XVI

INTERNATIONAL

SHOTOKAN

Karate-do Course

27°
SunnyCádiz
SPAIN

JUL 2015



MO	TU	WE	TH	FR	SA	SU
6	7	8	9	10	11	12

Dirk Heene

Sensei

8th Dan

Shotokan Ryu Kase Ha

FOLLOW

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9

Thursday

19h-21h:
Karate-do

10

Friday

8h-9:30h:
Karate-do
19h-20h:
Yoga for Karate
20h-21h:
Karate-doAt the
"Victoria"
Beach

Saturday

11

10h-12h:
Karate-do
18h-20h:
Karate-do

Sunday

12

10h-12h:
Karate-do
12:15h:
Grading examination.+ One Session
15€+ Whole Course
50€+ One Session
5€
UNDER
16 YEARS+ Whole Course
25€
UNDER
16 YEARSPolideportivo (sports center)
"CIUDAD de CÁDIZ"
José León de Carranza Ave.<https://goo.gl/H0UJD1>