



Instituto Português de Artes Tradicionais Japonesas  
葡萄牙日本武道院

# SHOTOKAN KARATE-DO INTERNATIONAL COURSE

**Espinho - Portugal**

**Anta / Espinho City Sportshall**

GPS: 41°00'16.1"N, 8°36'14.5"W | 41.004483, -8.604034

*Friday, 19th June 2015 to*

*Sunday, 21st June 2015*

Friday Schedule:: 7th Kyu above - 18:30 - 20:00

Saturday and Sunday Schedule:

Brown and Black belts

9:00 - 11:00

All grades

11:00 - 12:30

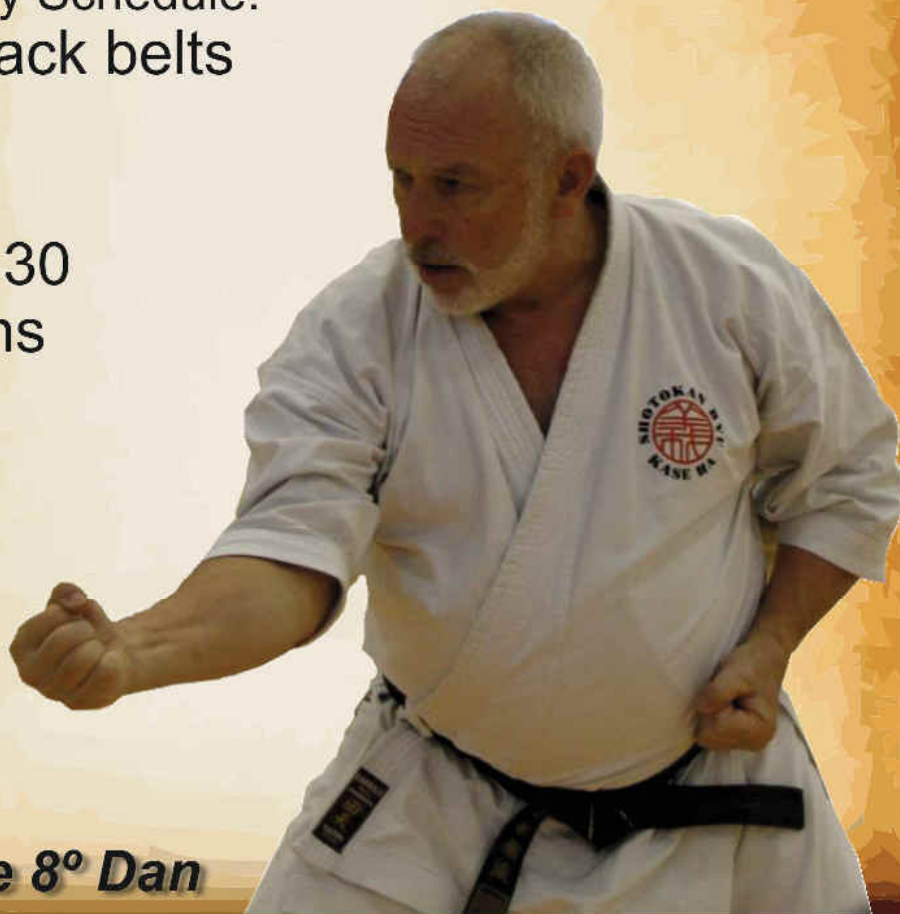
Dan Examinations

Saturday 12:45



**Shotokan Ryu  
Kase Ha**

**Sensei Dirk Heene 8° Dan**



Contacts:

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**ESPINHO**  
CÂMARA MUNICIPAL

Support:



**KAMIKAZE  
KARATEGI**  
**PORTUGAL**

[www.portugal.kamikaze.com](http://www.portugal.kamikaze.com)







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## 葡萄牙日本武道院

### SHOTOKAN KARATE-DO INTERNATIONAL COURSE

#### Espinho - Portugal

Friday, 19th June 2015 to  
Sunday, 21st June 2015

#### Course Fees:

1 day – 15,00€.

3 days – 35,00€.

#### Course dinner:

It will take place in a restaurant  
in Espinho nearby the sea.

#### Hotels:

Hotel Praiagolfe, Espinho

Hotel Solverde, Espinho

Hotel Apartamento Solverde, Espinho

Espinho Guesthouse, Espinho

Hotel Mar Azul, Espinho

There are also possibilities of local housing

#### About Espinho:

Espinho is a traditional fishing town  
with a very beautiful beach, it's a very  
quiet and peaceful town where you  
can enjoy a very pleasant walk along  
the beach and visit traditional shops.



#### Travelling:

##### By car:

To the training place:

Anta / Espinho City Sportshall

Rua da Mina

Anta - Espinho – Portugal

GPS: 41°00'16.1"N, 8°36'14.5"W

41.004483, -8.604034

To Espinho (proposed staying town):

Rua 6

Espinho – Portugal

GPS: 41.009544, -8.645179

+41° 0' 34.36", -8° 38' 42.64"

##### By plain:

Oporto Airport (Francisco Sá Carneiro Airport)

Additional information for participants travelling by plain  
and staying in Espinho:

- To arrive Espinho:

○Metro from the Airport station in the Violet (E) line to  
Campanha station.

○Train from Campanha station to Espinho station.

- Transport to the training place may be arranged from  
Espinho.



#### Contacts:

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#### Support:

