



Shotokan Ryu Kase Ha

Karate Course, Tampere Finland 14.11.-16.11.2014

Instructor Sensei Velibor Dimitrijevic 7. dan

Sensei Velibor Dimitrijevic 7.dan is an internationally recognized Kase Ha karate instructor and a member of KSKA Shihankai. Varala Urheiluopisto in Tampere provides excellent premises for concentrating on training during the weekend. The course is open for all levels.

Schedule

Friday 14.11.

18.00 - 19.00 Arrival and accommodation
19.00 - 20.30 TRAINING, Gymnasium 1
21.00 - 22.00 Dinner

Saturday 15.11.

07.30 - 08.30 Breakfast
10.00 - 12.00 TRAINING, Gymnasium 1
12.00 - 13.00 Lunch
15.00 - 17.00 TRAINING, Gymnasium 1
17.00 - 18.00 Dinner
18.00 - 22.00 Beach sauna, fireplace room

Sunday 16.11.

08.00 - 09.00 Breakfast
10.00 - 12.00 TRAINING, Gymnasium 1
12.00 - 13.00 Lunch



Cost:

Course fee

60 €, when signing up before 31.5
70 €, when signing up before 31.7
80 €, when signing up before 31.9
90 €, when signing up after 1.10

Signing up to a course is binding. Course is paid directly to Shinkitai Ry bank account:

Shinkitai Ry, TAPIFI22, FI97 3636 3010 5167 71

Please add the name(s) of registrant(s) to payment.

Facilities at Varala

(Paid at Varala)

Full board: 168€ (Accommodation, meals, facilities and sauna.)

No accommodation: 108€ (Meals without breakfasts, facilities and sauna.)

Only facilities: 10€ (Facilities ja sauna)

Location: Varalan Urheiluopisto:

Address: Varalankatu 36, 33240 Tampere, Fin

Phone: 03 2631 111, Email: info@varala.fi

All registrations, reservations and inquiries:

Before 17.10.2014 via eMail:

jani.somppi@amplia.fi



**Tervetuloa, token spirit.
Kase Ha Tampere, Shinkitai ry.**