



## Kase Ha Tampere, Shinkitai ry

### Shotokan Ryu Kase Ha Karate Course Tampere Finland 13.-15.12.2013

#### Instructor Sensei Velibor Dimitrijevic 7. dan

Sensei Velibor Dimitrijevic 7.dan is an internationally recognized Kase Ha karate instructor and a member of KSKA Shihankai. Varala Urheiluoipisto in Tampere provides excellent premises for concentrating on training during the weekend. The course is open for all levels.

#### Schedule

##### Friday 13.12.

18.00 - 19.00	arrival and accommodation
19.00 - 20.30	TRAINING for all, Gymnasium 1
20.45 - 21.30	warm supper in restaurant Säde

##### Saturday 14.12.

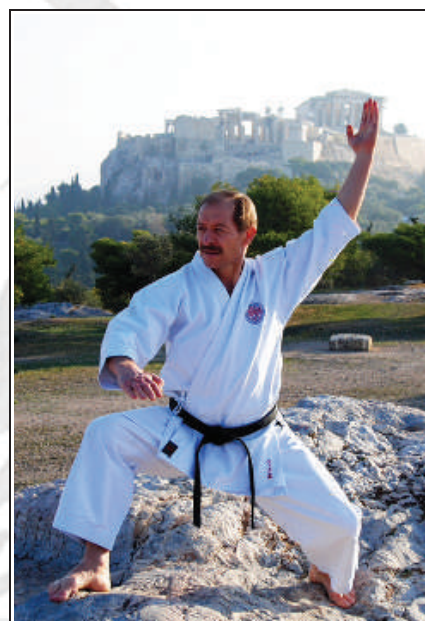
klo 07.30 - 09.00	breakfast in restaurant Säde
klo 10.00 - 12.00	TRAINING for all, Gymnasium 1
klo 12.00 - 13.00	lunch
klo 15.00 - 17.00	TRAINING for all, Gymnasium 1
klo 17.00 - 18.00	dinner
klo 18.00 - 22.00	sauna, Fireplace room B, Beach sauna 3

##### Sunday 15.12.

klo 08.00 - 09.00	breakfast
klo 10.00 - 12.00	TRAINING for all, Gymnasium 1
klo 12.00 - 13.00	lunch and check-out

#### Cost:

Course fee	Adult	75 €
	Young	60 € (<15 years)



#### Varalan Urheiluoipisto

- Full board, Adult: 160€/person/2 days, Young (13-15 years) 125€/person/2 days, Child (5-12 years) 115€/person/2 days (Including accommmodation, breakfasts, 2 x lunch, 1 x warm supper, 1 x dinner and facilities for training, lecturing, relaxation and sauna.)
- No accomodation, Adult: 115€/person/2 days, Young (13-15 years) 90€/person/2 days, Child (5-12 years) 80€/person/2 days (Including breakfasts, 2 x lunch, 1 x warm supper, 1 x dinner and facilities for training, lecturing, relaxation and sauna.)

*Location: Varalan Urheiluoipisto, Address: Varalankatu 36, 33240 Tampere, Finland*  
*phone: +358 3 2631 111, Email: [info@varala.fi](mailto:info@varala.fi)*

All registrations, reservations and inquiries:

**Before 15.11.2013 via eMail:**

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