



Karate Do



Way of The Empty Hand

KSKA - AKI - GASSHUKU

Lilleshall - England

17th - 20th October 2013

This is a four day course, Thursday to Sunday, for those who can and choose to attend for the whole duration or for those who prefer to attend over three days, Friday to Sunday with the two options priced as indicated below

under the instruction of KSKA Shihan-Kai

Dirk Heene, 8th Dan, Belgium

Velibor Dimitrijevic, 7th Dan, Serbia

Jim Martin, 7th Dan, Scotland

Michaylo Fedyk, 6th Dan, England

Pascal Lecourt, 6th Dan, France

Pascal Petrella, 6th Dan, Germany

Organisation

Kase Ha Shotokan Ryu Karate-Do Academy

Host

English Shotokan Academy

Organiser

Mike Cowburn

Mobile: +44 7832 237 252

Email: mcowburn@srsi.biz

www.ksk-academy.org

Venue

Lilleshall National Sports Centre

Nr Newport, Shropshire

United Kingdom

Sat Nav post code: TF10 9LQ

TRAINING:

Timetable:

Thursday:	Dinner:	18:30h - 19:30h
	Training:	20:00h - 21:30h
Friday:	Breakfast:	07:30h - 08:30h
	Training:	09:30h - 11:30h
	Lunch:	12:30h - 14:00h
	Training:	16:30h - 18:30h
	Dinner:	18:30h - 19:30h
	General Assembly:	20:00h - 21:30h
Saturday:	Breakfast:	07:30h - 08:30h
	Introductions &	
	Photograph:	09:00h - 09:30h
	Training:	09:30h - 11:30h
	Lunch:	12:30h - 14:00h
	Training:	15:00h - 17:00h
Sunday:	Dinner & Entertainment:	19:00h - 24:00h
	Breakfast:	07:30h - 08:30h
	Training:	09:30h - 11:30h
	Lunch:	12:30h - 13:30h

Training will be divided into two groups

Group 1: KSKA members

Group 2: Non KSKA members (all grades)

Saturday: 15:00h - 17:30h

Note: Applications to be made in advance and supported by an endorsement from a member of the Shiankai

Groups

Grading

Accommodation

Onsite accommodation is provided at the Lilleshall National Sports Centre on a full board (bed, breakfast, lunch and evening meal) basis and will be arranged directly through the gasshuku organiser.

Entertainment

A Course Dinner and entertainment on Saturday is included in the booking. Drinks are not included but will be available from the onsite bar.

COSTS**Accommodation****Option 1:**

Four Days (Thurs 17th - Sun 20th Oct) £190 / €225

Option 2:

Three Days (Fri 18th - Sun 20th Oct) £130 / €155

Price includes coach transfers

Course Fees

KSKA Members:	Free	
Non KSKA Members:	£48	€ 60

Total Amount Payable

	Option 1	Option 2
KSKA Members:	£190 / € 225	£130 / € 155
Non Members	£238 / € 285	£178 / € 215

PAYMENT

Payment must be made in advance to:

STERLING ACCOUNT

TRANSFER ONLY STERLING (GB POUNDS) TO THIS ACCOUNT

Bank: Natwest Bank Ltd. Cheltenham Branch,
31 Promenade, GL50 1LK

Account Name: Shotokan Ryu Kase Ha Instructor Academy

Account No: 16412087

Sort Code: 60-05-16

IBAN No: GB33NWBK60051616412087

SWIFT CODE: NWB KGB 2L

or by cheque drawn on a UK bank account

EURO ACCOUNT

TRANSFER ONLY EUROS TO THIS ACCOUNT

Bank: Natwest Bank Ltd. Cheltenham Branch,
31 Promenade, GL50 1LK

Account Name: Shotokan Ryu Kase Ha Instructor Academy

Account No: 550/00/08791120

Sort Code: 60-05-16

IBAN No: GB69NWBK60720308791120

SWIFT CODE: NWBK GB 2L

Queries regarding payment should be directed to :

Alan Armstrong
alan@armstrong-associates.net

Payment Queries

TRAVEL

Airport

Coach Transfer Service:

Birmingham International (BHX)

Car/coach transfers from Birmingham International Airport (BHX) will be available.

Coach transfer fees are included in the accommodation charge.

Delegates wishing to utilise the coach transfer service will be required to advise the course organiser when their flight has been confirmed.

Delegates will be advised of the pick-up point and times when flight times are confirmed.

If flight times cannot be arranged to coincide with coach transfers alternative transportation may be provided by special arrangement with the gasshuku organiser

Further Information

For further information please contact the gasshuku organiser

