

KASE HA FINLAND WINTERCOURSE in Varala Sports Institute, Tampere

with Shihan Dirk Heene 8.dan



22-24.2.2013



PROGRAM

fri 22nd:	19.00-20.30 21.00-22.00	1. TRAINING, all, hall 2 Evening meal in the dining room
sat 23rd	7.30-08.30 10.00-11.30 11.30-13.00 14.30-16.00 16.00-17.30 16.30-18.30 19.00-20.00 20.00-22.00	Breakfast 2. TRAINING, all, hall 2 Lunch 3. TRAINING kyu's, hall 1, Sensei Niiranen, 4.dan 3. TRAINING dans, hall 1 Dinner Get together, conference room 3 sauna and swimming pool in the main building
sun 24th	07.30-09.00 10.00-11.30 11.30-13.00	Breakfast 4. TRAINING, all, hall 1 Check out before noon Lunch

ACCOMODATION

Booking straight to Varala

Full service fri-sun 140€ / sat-sun 80€
Kids 5-12y: 98€/57€
13-15y: 107€/68€

Only meals (no breakfasts)
fri-sun 76€ / sat-sun 58€
Kids: 65,80€/72,45€
sat-sun 45€/62€

COURSE FEE

65€ (KHF member -15€/under 12y -50%)

INFORMATION REGISTRATION

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until 31.1.2013

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