

### **GASSHUKU WITH**

## SENSEI VELIBOR DIMITRIJEVIC

# 7TH DAN, KASE HA SHOTOKAN RYU KARATE-DO Aas, Norway, 12-13 of January, 2013

The camp is open to all karatekas.







Sensei Dimitrijevic is the leader for Shotokan Karate-Do Academy in Serbia, and was a close collaborator with the late Sensei Taiji Kase, founder of Shotokan Ryu Kase Ha. He is well-known for his focus on stands, breathing and kime, and his instructions of particular high pedagogical quality. He is a former champion in kumite, kata and team kata.

**Questions? Contact**: Sensei Thomas Smestad (thomas@smestad.no)

Place: Brønnerud skole, Drøbakveien 63, 1430 Ås,

#### **Saturday 12th of January:**

10.30-12.30: All belts

13.00-15.00: Brown and black

15.00-16.00: Theory lesson (br. / black belts)

#### **Sunday 13th of January:**

10.30-12.00: All belts

12.30-14.00: Brown and black

#### Prizes, brown and black:

All sessions: 400 NOK

One day: 250 NOK

One session: 150 NOK

Prizes, coloured belts:

All sessions: 250 NOK

One session: 150 NOK

#### Accommodation: THON Hotel in Ski (recommended):

Tlf: +47 64 85 35 00, use reference number 540062 to get a reduced price (NB! Within the 1<sup>st</sup> of December, there is a limited number of discounted rooms). It is necessary to book parking space for car in advance (100 NOK/day). http://www.thonhotels.com/hoteller/land/norge/ski/thon-hotel-ski/

#### Other options:

Reenskaug hotell, Drøbak: <a href="http://www.reenskaug.no/">http://www.reenskaug.no/</a>

Quality Hotell, Mastemyr: <a href="http://www.hotell.no/hotell/norge/oslo/quality-hotel-mastemyr">http://www.hotell.no/hotell/norge/oslo/quality-hotel-mastemyr</a>