



INTERNATIONAL SHOTOKAN KARATÉ-DO COURSE KASE-HA



CORTEGAÇA PORTUGAL

SATURDAY, MAY 5TH, 2012

MORNING

09H TO 10H30 - UP TO RED BELTS
10H30 TO 12H - BROWN AND BLACK BELTS

AFTERNOON

16H TO 17H30 - UP TO RED BELTS
17H30 TO 19H - BROWN AND BLACK BELTS
19H15 - DAN EXAMINATIONS

SUNDAY, MAY 6TH, 2012

MORNING

09H30 TO 11H - BROWN AND BLACK BELTS
11H TO 12H30 - UP TO RED BELTS



SENSEI
DIRK HEENE
8º DAN KSKA

APOIOS:



CRECOR
Solidariedade Social, Cultura,
Recreio e Desporto da Cortegaça
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