



KASE HA FINLAND WINTER COURSE 2012

IN TAMPERE, VARALA SPORTS INSTITUTE

24. - 26. 2. 2012

with

Shihan Dirk Heene 8. dan

&

Sensei Juan Pablo Delgado Herrera 4. dan

<u>Program</u>		Saturday 25th	Sunday 26th
Friday 24th			
1400	Check in	0730-0830 breakfast	0730-0900 breakfast
1600-1730	Dinner	1000-1130 training for all Shihan Heene	0930-1055 training for dans Sensei JPDH
1800-1930	training for all Shihan Heene	1130-1300 lunch	1100-1230 training for all Shihan Heene
1930-2100	Sauna (main building)	1430-1600 training for kyu Sensei JPDH	1130-1300 lunch
2100-2200	evening meal (dining room)	1600-1730 training for dans Shihan Heene	
		1800-1900 dinner at sauna	
		1900-2100 lakeside sauna	
Course fee:		Accommodation and meals	Other accommodation:
5 trainings	75 €	Fri - Sun in Varala	Hotel Scandic Rosendahl
4 trainings	65 €	-full service 140,50€	Tel: +358 3244 1111
One day	40 €	children 13-15 years 107€	www.scandichotels.fi/rosendahl
One training	25 €	5-12 years 98€	And www.tampere.fi
KHF members	-15€	-only meals, no acc. 77€	
under 12 years	-50%	children 72,45€ / 65,80€	
Registrations and more info: jani.somppi@amplia.fi tel. +358 40 5272975		Accommodation bookings straight to Varala: sales secretary Riitta Pappinen tel. +358 3263 1263, www.varala.fi	COLD WINTER, HARD TRAINING, HOT SAUNA, WARM WELCOME!
<u>All bookings before 3.2.2012!</u>			