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Karate-Do
Shotokan Akademi
Växjö

4th weekend course with

Sensei Velibor Dimitrijevic, 7th dan

Member of Shihankai and Kase Ha Shotokan Ryu Karate-Do Academy

30 April – 1 May, 2011 (Katedralskolans gymnastiksal, Samuel Ödmans väg 1) Växjö, Sweden

Saturday	Sunday
09:30 Dojo opens	09:30 Dojo opens
10:00-12:00 Training	10:00-12:00 Training
12:00-12:30 Break	12:00-12:30 Break
12:30-15:00 Training	12:30-14:00 Only instructors (1 st dan and above)
15:00-16:00 Only instructors (1 st dan and above)	
16:00-17:00 Lecture (for all grades)	

The breaks might be changing during the seminar.

Additional:

Saturday 19:00. Dinner at Shanghai Palace (Buffé)

Course fee:

Whole course	600 SEK (60 Euro)
One day	300 SEK (30 Euro)

Accommodation: Tourist Information: www.turism.vaxjo.se. We recommend Quality Hotel, Sandviksvägen 1, Växjö. It's five minutes walk from the dojo.

More information: mona_pfaus@hotmail.com or mobile phone 0046 708 186 708 or the website:

www.vaxjokarate.com

WELCOME TO SWEDEN