

English Shotokan Academy

presents an Open Course with

Sensei Dirk Heene 8th Dan

Chief Instructor Belgium Karate Shotokan Academy

2nd and 3rd April 2011

All grades (6th kyu and above) and all associations welcome

One of Kase Sensei's most trusted students, Sensei Heene's tremendous reputation as a remarkable Shotokan instructor precedes him and he is now recognised as one of the world's most respected karate-ka

Oasis Academy
Weelsby Avenue
Grimsby
North Lincolnshire
DN32 0AZ



Training Times:

Saturday:	12:00h - 16:30h	6th kyu and above, 12 years and above
Sunday:	10:00h - 13:15h	6th kyu and above, 12 years and above

Course Fees:

ESA Senior Members:	£30 weekend / £15 per day
ESA Junior Members:	£20 weekend / £10 per day
Non Members Senior:	£35 weekend / £20 per day
Non Members Junior:	£25 weekend / £15 per day

